

## KIHEI CHARTER SCHOOL ATHLETICS – MIDDLE SCHOOL MANUAL

### Contact Numbers:

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### FAQ:

**Who do I go to if I have a question or concern?** We ask that you follow the “Chain of Command”. We would like for parents to set up a meeting with the coach to discuss their concern. Please allow 24 hours before you contact the coach to set up a meeting. We also do not want parents confronting our coaches while they are at practice. The appropriate setting should be away from practice and private.

**Where can I get information about Middle School athletics?** Information can be found in the following areas:

- A. In the weekly “Shark Cage”.
- B. On the KCS Athletic Department webpage.

**What forms are required for my son/daughter to be able to participate in practices?**

- A. Department of Education Student Participation and Parent/Guardian Consent, Release and Assumption of Risk Form. (MUST BE COMPLETED FOR EACH SPORT)
- B. DOE Physical Examination for Athletes Forms. (This form is only **valid for 12 months.**)

**Where can I find the above forms?**

- A. On the MIL website. ([milsports.org](http://milsports.org))
- B. On the KCS Athletic webpage.
- C. In “The Shark Cage”.
- D. In the tray outside my office door. (3<sup>rd</sup> floor)

**What are the eligibility requirements to be able to participate?**

- A. The student-athlete must be passing ALL classes. (No “F”s)
- B. The student-athlete must have a current physical (DOE Physical Examination Form) on file in the athletic office.
- C. The student-athlete must have the Department of Education Student Participation and Parent/Guardian Consent, Release and Assumption of Risk Form on file in the athletic office.

**When and where will informational meetings be held?** The first meeting will be held approximately two months prior to the start of the season. The second meeting will be held 2-4 weeks prior to the beginning of the season.

**What will be covered at the informational meetings?** I will review the eligibility rules, what forms are mandatory prior to your son/daughter being allowed to participate in practices and contests.

**What sports will be offered?** For the 2020-21 school year, KCS will participate in the REACH program. This program will offer teams for boys and girls in the sports of basketball, volleyball, cross country, flag football and soccer.

**Are there any other sports that might be offered during the 2020-21 school year?** KCS may participate in the MIL middle school Cross Country and Track & Field seasons.

**Will there be any “athletic club sports” for middle school students?** Yes, we will continue to sponsor a Golf Club during the months of April and May.

## THE FUNDAMENTALS OF SPORTSMANSHIP

**Gain an understanding and appreciation for the rules of the contest.** The necessity to be well informed is essential. Know the rules. If you are uninformed, refrain from expressing opinions on officials, coaches, or administrative decisions. The spirit of GOOD SPORTSMANSHIP depends on conformance to a rule's intent as well as to the letter of a given rule.

**Exercise representative behavior at all times.** A prerequisite to GOOD SPORTSMANSHIP requires one to understand his/her prejudices that may become a factor in his/her behavior. The true value of interscholastic competition relies upon everyone exhibiting behavior which is representative of a sound value base. A proper perspective must be maintained if the educational values are to be realized. Your behavior influences others whether you are aware of it or not.

**Recognize and appreciate skilled performances regardless of affiliation.** Applause for an opponent's good performance displays generosity and is a courtesy that should be regularly practiced. This not only represents GOOD SPORTSMANSHIP but reflects a true awareness of the game by recognizing and acknowledging quality.

**Exhibit respect for the officials.** The officials of any contest are impartial arbitrators who are trained and who perform to the best of their ability. Mistakes by all involved in the contest are a part of the game. We should not rationalize our own poor or unsuccessful performance or behavior by placing responsibility on an official. The rule of GOOD SPORTSMANSHIP is to accept and abide by the decision made. This value is critical for students to learn for later application in life.

**Display openly a respect for the opponent at all times.** Opponents are guests and should be treated cordially, provided with the best accommodations, and accorded tolerance at all times. Be a positive representative for your school, team, and family.

**Display pride in your actions at every opportunity.** Never allow your ego to interfere with good judgment and your responsibility as a school representative. Regardless of whether you are an adult, student, athlete, coach, or official, this value is paramount since it suggests that you care about yourself and how others perceive you.

**"SPORTSMANSHIP: THE ONLY MISSING PIECE IS YOU!"**

## VALUE OF ATHLETICS

What benefit will a player derive from participation in athletics?

**PHYSICAL WELL BEING** - The nation is becoming more conscious of the inadequacy of our youth in physical fitness. Through athletics, a foundation is built that can correct this situation.

**THE RELEASE OF PHYSICAL ENERGY** - Someway, somehow students will find a way to release their physical energy. Athletics offer a wholesome medium for this purpose.

**RECOGNITION** - Through guidance, players can learn to accept recognition in a proper manner. They learn that the praises they receive are not due to their effort alone.

**UNDERSTANDING** - Players working together for a common cause learn to accept victory or defeat in a mature manner. Team members soon learn how to understand each other and to make adjustments for the good of the team.

**EMOTIONAL CONTROL** - "When the going gets tough, the tough gets going." The athlete learns to get going, by tackling the task at hand. Emotional blow-ups only hamper him.

**DISCIPLINE** - We hear the cry that young people need to learn discipline. Athletics teach self-discipline, vital to a successful adult life.

## VALUE OF ATHLETICS cont.

**PERSEVERANCE** - Athletes learn to stay with the job and not give up until the contest is over.

**THINKING UNDER PRESSURE** - The accomplished businessman can attribute much of his success to this factor. Athletes learn it early in their career and use this ability the rest of their lives.

**LOYALTY** - Being faithful to a team, a group, a cause, is an important lesson of athletics. A person will not fail himself when he has learned the lesson of being true to others.

Taking part in athletics is one of the most important parts of our educational system. There is no other course in our schools today, which can offer all the above benefits. Please remember that **participation in KCS athletics is a privilege**, not a right.

## MIDDLE SCHOOL SPORTS GENERAL INFORMATION (Filled out as coaches are hired.)

**REACH PROGRAM: (dates and times, subject to change)**

### BASKETBALL:

**All forms due: August 4, 2020**

First Day of Practice: August 4, 2020

Days of Practice: Monday, Tuesday, Thursday

Times of Practice: 3:50 pm – 5:15 pm

Practice Location: Kalama Park Basketball courts

Game Days: Saturdays (September 12, 19, 26)

Game Location: **TBD**

Transportation: School vans to practice. Parents transport their child to Saturday games.

Athlete Pick Up: 5:15 pm at Kalama Park Basketball Courts. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

### VOLLEYBALL:

**All forms due: October 19, 2020**

First Day of Practice: October 19, 2020

Days of Practice: Monday, Tuesday, Thursday

Times of Practice: 3:30 pm – 5:00 pm

Practice Location: KCS grass courts

Game Days: Saturdays (November 28, December 5, 12)

Game Location: **TBD**

Transportation: Parents transport their child to Saturday games.

Athlete Pick Up: 5:00 pm at KCS. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

### CROSS COUNTRY:

**All forms due: January 11, 2021**

First Day of Practice: January 11, 2021

Days of Practice: Monday, Tuesday, Thursday

Times of Practice: 3:30 pm – 4:30 pm

Practice Location: KCS

Meet Days: Saturdays (February 20, 27 and March 6)

Meet Location: **TBD**

Transportation: Parents transport their child to Saturday meets.

Athlete Pick Up: 4:30 pm at KCS. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

## **REACH PROGRAM: cont.**

### **FLAG FOOTBALL:**

**All forms due: March 8, 2021**

First Day of Practice: March 8, 2021

Days of Practice: Monday, Tuesday, Thursday

Times of Practice: 3:30 pm – 4:30 pm

Practice Location: KCS

Game Days: Saturdays (April 11, 18, 25)

Game Location: **TBD**

Transportation: Parents transport their child to Saturday games.

Athlete Pick Up: 4:30 pm at KCS. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

### **SOCCER:**

**All forms due: March 29, 2021**

First Day of Practice: March 29, 2021

Days of Practice: Monday, Tuesday, Thursday

Times of Practice: 3:30 pm – 4:30 pm

Practice Location: KCS or Kalama Park

Game Days: Saturdays (May 8, 15, 22)

Game Location: **TBD**

Transportation: Parents transport their child to Saturday games.

Athlete Pick Up: 4:30 pm at KCS. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

## **MAUI MIDDLE SCHOOL SPORTS:**

### **CROSS COUNTRY:**

Days of Practice: **TBD**

Times of Practice: **TBD**

Practice Location: KCS

Game Days: Saturdays

Transportation: Parents transport their child to Saturday meets.

### **TRACK & FIELD:**

Days of Practice: **TBD**

Times of Practice: **TBD**

Practice Location: **TBD**

Game Days: Saturdays

Transportation: Parents transport their child to Saturday meets.

## **MIDDLE SCHOOL CLUB SPORT:**

### **GOLF:**

First Day of Practice: April 5, 2021

Days of Practice: Tuesday or Thursday

Times of Practice: 3:45 pm – 4:45 pm

Practice Location: **TBD**

Athlete Pick Up: 4:45 pm at **TBD**. (Please be on time. Our coach can't leave until all student-athletes have been picked up.)

## **COMMUNICATION POLICY**

This document is meant to facilitate the understanding of the policy or parent/athlete/coach communication for KCS Middle School Athletics. Your athlete's Coach should present clear communication about your child's participation in his/her sport(s). In return, we ask that you follow the guidelines set forth in this policy.

### **COMMUNICATION THAT YOU SHOULD EXPECT FROM YOUR CHILD'S COACH:**

1. Expectations the coach has for your child as well as all the players on the squad.
2. Locations and times of all practices and contests.
3. Team requirements for participants (practices, code of conduct, special equipment, conditioning, etc.)
4. Conduct that may result in the denial of your child's participation.

### **COMMUNICATION COACHES EXPECT FROM PARENTS:**

1. Concerns expressed directly to the coach.
2. Notification, by note, of any schedule conflicts well in advance.
3. Notification, by telephone, if your child won't be attending school Sports practice or contests. Advance notice about missing contests is much appreciated and assist the coach in his/her planning.

KCS Middle School Athletics will be very rewarding for your child. There may be times, however, when you have concerns about the way a situation is being handled. At these times, discussion with the coach is strongly encouraged.

### **APPROPRIATE CONCERNS TO DISCUSS WITH COACHES:**

1. The treatment of your child.
2. Ways to help your child improve.
3. The behavior of your child.

Coaches are professionals and make decisions based on the philosophy of the program and the situations that arise during game time. The goal of the coaches' decisions is to benefit the team as a whole, rather than a handful of individuals. The following circumstances should not be discussed with any coach:

### **INAPPROPRIATE ISSUES TO DISCUSS WITH A COACH:**

1. Playing time.
2. Team strategy.
3. Other student-athletes.

If you feel that a conference needs to be set up to discuss a concern, the following steps should be followed to help promote a peaceful and timely resolution.

1. Encourage your child to speak directly with the coach as this will often times take care of the problem.
2. Call the coach to set up an appointment.
3. If the coach cannot be reached, contact the Athletic Coordinator.
4. Please do not confront a coach after a practice or a game.
5. If the meeting with the coach does not resolve your concern to your satisfaction, contact the Athletic Coordinator.
6. If the meeting with the Athletic Coordinator does not resolve your concern to your satisfaction, contact the Middle School Director, Leslie Baldrige.
7. If still unsatisfied, contact the Head of School, Mr. Michael Stubbs at [mstubbs@kiheicharter.org](mailto:mstubbs@kiheicharter.org).

## 2020-21 KIHAI CHARTER MIDDLE SCHOOL ATHLETIC PROGRAM

Kihei Charter School offers participation in the following sports programs for grades 6-8.

### REACH PROGRAM:

BASKETBALL

VOLLEYBALL

CROSS COUNTRY

FLAG FOOTBALL

SOCCER

### MAUI MIDDLE SCHOOL SPORTS:

CROSS COUNTRY

TRACK & FIELD

### PARKS & REC LEAGUE:

BASKETBALL

### KCS CLUB SPORT:

GOLF

### Student Participation

The goal of the athletic program is to offer the opportunity of participation to all students. Interscholastic athletics fosters competition and cooperation. It also represents an area of great potential for teaching dedication, perseverance, courage, poise and practicing the pursuit of excellence. However, no student is obligated to take part in athletics. A student must be in "Good Standing" to participate in practices. A student-athlete must be in "Good Standing" and be passing all of his/her classes in order to participate in any contests.

### Selection of Teams

The head coach of each sport will determine the players on each team. The selection of a team will include, but is not limited to: skill level, knowledge of sport, attitude, and experience in the sport. Middle school team members will receive adequate playing time based upon performance and meeting expectations.

### Select/Club Sports

In the case of a non-school related athletic event conflicting with a school related athletic event, priority will be given to the school athletic event. Please communicate prior to the season regarding club participation. Missing a school related athletic practice or game for a non-school athletic activity is unacceptable and could result in reduced participation in the following athletic contest.

### RULES & REGULATIONS

**Athletic Suspension:** The Athletic Coordinator may suspend or place on probation for the duration of the term, duration of the seasonal activity, or the duration of the school year any student-athlete for a major infraction of the standards set forth in the athletic handbook or this document. The Athletic Coordinator empowers the coaching staff to enforce and maintain all policies and standards described in the Athletic Handbook. Communication will be maintained between the coaching staff, the Athletic Coordinator, and the Middle School Director when infractions warrant suspension from athletic activities.

**Attendances/Absences/Tardies:** Student-Athletes are expected to be dressed and on time for all practices and competitions and remain for the duration of the practice or competition. It is the student athlete's responsibility to notify the coach if he/she must miss a practice or competition. By becoming a member of the Kihei Charter Middle School Athletic Program, you are making a commitment to the program. \*An unexcused absence from a game may result in suspension or loss of playing time in the next scheduled game. As with any other activity, please be aware that excessive tardiness or absences could result in a loss of practice/instructional time. This loss of time could subject the student athlete to loss of playing time.

**Classroom Behavior:** Student-Athletes must maintain a satisfactory citizenship and behavior record by giving respectful attention to classroom activities and by treating teachers, administrators, and fellow students with respect. Tardiness, horseplay, fighting, disrespect, juvenile behavior, etc.... are not acceptable.

**Responsibilities of a Kihei Charter Middle School Student Athlete:** All student-athletes have the responsibility to play to win, give their best effort, strive for excellence, and exhibit good conduct at all times in a manner that is a positive example to team members, fellow students, and the community. The fact that an individual has chosen to participate in interscholastic athletics is indicative that the student has taken into consideration the rewards, and pleasures attained from participation, in addition to the responsibility of following rules, regulations, and meeting the demands of being a student-athlete. Representing the Kihei Charter Middle School Athletic Program coincides with the expectations of the middle school director, coaches, teachers, parents, community, and most of all, by fellow teammates and classmates. As student-athletes, you are always on display.

**The responsibilities of a student-athlete include, but are not limited to, the following:**

1. The student-athlete will strive for excellence in all activities at all times while being a member of the Kihei Charter Middle School Athletic Program.
2. The student-athlete will faithfully abide by all rules set forth in the athletic handbook.
3. The student-athlete will abide by the practice schedules and complete workouts each day.
4. The student-athlete will personally notify his/her coach when unable to attend practice and will miss practices only under extreme circumstances.
5. The student-athlete will abide by the coaches directions, instructions, and decisions.
6. The student-athlete will be responsible for the proper care of all issued clothing and/or equipment. The student-athlete will be required to pay for any clothing and/or equipment that is lost, damaged or destroyed. Issued clothing should not be worn outside of athletic participation (practice/competition).
7. Most importantly, the student-athlete will represent Kihei Charter Middle School to the best of his/her ability to set an example to the community of the values and expectations promoted within the school.

**Student-Athletes will be expected to:**

1. Respect coaches, teammates, teachers, staff, administrators and classmates.
2. Follow directions the first time they are given.
3. Refrain from unsportsmanlike conduct of any manner.
4. Comply with Kihei Charter School Board Policies, the code of conduct, and school discipline. The Kihei Charter Middle School Athletic Program is an integral part of the total school experience for both boys and girls. It offers a variety of sports and activities to students who have the desire to participate. The athletic program is a vital part of education. The rules, regulations, and standards set forth in this handbook are designed to provide for the efficient operation of such a program. The student-athlete will be held accountable and responsible for all policies contained within this handbook and for any additional expectations set forth by the campuses.

**Drug and Alcohol Use:**

It is the philosophy of Kihei Charter Middle School Athletics that our interscholastic and extracurricular programs shall be drug and alcohol free. The basis for this is founded upon and by the following:

1. Use of drugs and alcohol is illegal for school age students.
2. Abuse of these products has been shown to create short- and long-term health and safety risks.
3. Students using these products may not be capable of fulfilling commitments and responsibilities toward themselves, teammates, and school.
4. Use of these products can diminish the student's mental and/or physical performance.
5. Student-athletes should be positive role models who demonstrate pride and honor to their school, community, and family.
6. Student-athletes will be held responsible and accountable for their behavior and choices they make.

**Game Conduct/Sportsmanship/Practice Conduct:** The Kihei Charter Athletic Program stresses exemplary behavior and attitude during practice and competitions. Unsportsmanlike conduct will not be tolerated. Student-athletes should be positive role models for students and the community. Student-athletes will be respectful to other contestants, fans, and to all coaches and officials. Technical fouls, penalties for unsportsmanlike or flagrant conduct, and ejections will be reviewed, and further disciplinary action may be assessed.